



Medical and Support Needs Checklist

Medical

- Medication management
- Acute, chronic or terminal health condition
- Chronic Health Condition
- Functional or cognitive decline
- Frequent Hospitalizations or ER/urgent care visits
- Pain control management
- Frequent falls or fear of falling
- Home safety concerns
- Adaptive equipment needs
- Incontinence concerns/odors
- Changes in mobility
- Weakness and endurance concerns
- Shortness of breath
- Swelling
- Weight loss/gain

Social

- Isolation
- Sleep pattern changes
- Incontinence
- Depression
- Doesn't participate in activities

Psychosocial

- Depression
- Fear
- Loneliness
- Overall loss
- Anxiety
- Limited social network
- Lack of family support
- Recent deaths and grief

Physical/Mental Activity

- Exercise
- Range of motion
- Cognitive changes

Nutritional

- Change in appetite
- Lack of food preparation
- Diarrhea
- Fatigue
- Need for dental care
- Weight loss/gain

Activities of Daily Living

- Safety concerns
- Home chore needs
- Companion care needs
- Financial/benefits assistance
- Errands/shopping assistance
- Transportation needs
- Personal emergency needs
- Medication assistance
- Meal preparation assistance
- Bathing assistance

Spiritual

- Need for closure
- Fear of dying
- Need for forgiveness
- Worry/concerns about loved ones
- Sense of abandonment
- Suicidal ideation
- Spiritual distress

Not sure where to start? SSM Health at Home offers informational visits to go over care needs and eligibility for services and resources that can keep you or your loved one as safe and independent as possible at home. Call 1-800-924-2273 or visit ssmhealthathomeWI.com to request yours today.