





September

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 <p><i>Please be careful</i></p>  <p><i>Watch for children</i></p>				01-Sep Oven Fried Chicken (Drumsticks) Mashed Potatoes/Gravy Mixed Vegetables Beet Salad Wheat Bread Fruit Jello	02-Sep Tuna Salad Supreme w/ Salad Greens w/ Tomato Wedges American Potato Salad Rye Bread Chilled Apricots	03-Sep Rigatoni (Pasta) & Meatsauce Italian Mixed Vegetables Mixed Green Salad French Bread Ranger Cookie	04-Sep Buttermilk Pancakes Sausage Links Glazed Apples Maple Syrup Orange Juice Sliced Peaches
5-Sep	Labor 06-Sep Day	07-Sep	08-Sep	09-Sep	10-Sep	11-Sep	
Baked Chicken/Gravy Mashed Potatoes Stewed Tomatoes Cucumber Salad Wheat Bread Fruit Cup	Hamburger American Potato Salad Baked Beans Hot Glazed Apples Hamburger Bun Chocolate Chip Cookie	All Beef Hot Dog Oven Browned Potatoes Corn Cole Slaw Hot Dog Bun Mixed Fruit	Ham & Navy Bean Stew Broccoli Cornbread Hot Fruit Bake w/ Oatmeal Crumble Cake	Potato Crusted Fish Filet Peas & Onions Calif. Blend Vegetables Fresh Melon Wheat Bread Chocolate Pudding	Chicken Salad Romaine Lettuce Garnish Herbed Tomato Wedges Chilled Pears Multi-Grain Bread Cookie	Turkey Pasta Salad w/Shell Rigate Lettuce/ Tomato Fruit Cup Wheat Bread Strawberry Mousse	
12-Sep	13-Sep	14-Sep	15-Sep	16-Sep	17-Sep	18-Sep	
Roast Pork Rosemary Mashed Potatoes Buttered Asparagus Cranberry Salad Mold Dinner Roll Apple Crisp	Beef Bourguignonne Mashed Potatoes Broccoli Kidney Bean Salad Wheat Bread Chilled Pears	Stuffed Cabbage Roll Red Beans & Rice Carrots & Chives Multi-Grain Bread Chilled Peaches Cookie	Summer Medley Chicken On Baking Powder Biscuit Calif. Blend Vegetables Cole Slaw Hot Glazed Apples Pudding	Ham & Turkey Club Focaccia Flat Bread Lettuce & Tomato Pea Salad Mandarin Oranges Brownie	Sicilian Meatball Soup Potatoes Italiano Italian Green Beans Mixed Green Salad Wheat Bread Iced Sugar Cookie	Italian Baked Chicken Thigh Seasoned Rice Zucchini / Tomato Blend Cucumber Salad Wheat Bread Fruit Jello	
19-Sep	20-Sep	21-Sep	22-Sep	23-Sep	24-Sep	25-Sep	
Roast Beef/Gravy Mashed Potatoes Carrots & Chives Pea Salad Rye Bread Chocolate Cake	Chicken Breast a la Cranberry Raisin Sauce Savory Brown Rice Scandinavian Blend Chilled Apricots Multi-Grain Dinner Roll Cookie	Italian Beef Sandwich Peas Stewed Tomatoes Caesar Salad Sliced Wheat Bun Vanilla Pudding	Savory Ground Pork & Curly Noodle Casserole Carrots Parslied Cauliflower Rye Bread Fruit Jello	Meatloaf & Gravy Mashed Potatoes Harvard Beets Cole Slaw Wheat Bread Applesauce	Open Faced Hot Turkey Sandwich Baked Sweet Potatoes Broccoli Mixed Green Salad Multi-Grain Bread Cherry Crisp	Boneless Pork Loin/Gravy Oven Roasted Potatoes Peas & Onions Herbed Tomato Salad French Bread Fruit Whip	
26-Sep	27-Sep	28-Sep	29-Sep	30-Sep			
Herbed Chicken Breast Fettucini Alfredo Green Beans Deluxe Romaine Salad Dinner Roll Lemon Krunch Pie	Pork Stroganoff With Mashed Potatoes Parslied Carrots Fruit Cup Marble Rye Bread Chocolate Chip Cookie	Spaghetti & Meatballs Italian Mixed Vegetables Mixed Green Salad Garlic Bread Chilled Pears	BLT Chicken Salad Mixed Salad Greens W/ Tomato Wedges Mandarin Oranges RY Krisp Crackers Marble Cake	Hamburger Baked Beans Mixed Vegetables Pea Salad Hamburger Bun Fruit Sunburst	 <p>Home Health United <i>Meals On Wheels</i></p>		