



## HHU NURSING REFERRAL FORM

### SKILLED NURSING SERVICES

- Skilled Observation and Assessment: Reasonable and necessary to the treatment of any illness or injury. If likelihood of future complication or acute exacerbation of illness. Specifically targeting:
  - IV therapy for antibiotics, TPN, hydration.
  - Aftercare for surgical patients.
  - Aftercare for orthopedic patients.
  - CHF, CABG, Cardiac, Pneumonia, COPD, HTN care follow-up with telehealth daily monitoring component.
  - CVA cares and follow-up.
  - Failure to thrive.
  - Pediatric care, Peds NP on staff for consultation.
- Management and Evaluation of a Patient Plan of Care: Case management and coordination (including management of chronic conditions).
- Teaching and Training Activities: Teaching the patient / caregivers / family how to management treatment regime.
  - Diabetic management and instructions.
  - Medication reconciliation and management.
  - Self-injectibles teaching and training (Lovenox, insulin).
  - Self-care for recent ostomy or reinforcement of ostomy care.
  - Teaching a patient / caregiver simple wound care.
  - Self-management of health conditions, especially chronic conditions.
- Other skilled nursing care:
  - Monthly B12 injections.
  - Incontinence Care Management (including catheters)
  - Wound care with WOCN on staff for consultation.
  - Ostomy care.
  - Rehabilitation nursing procedures that would require an RN to institute and supervise a bowel and bladder program.
  - Nutritional assessment and instruction with staff dietician for consultation.

### HOME HEALTH AIDE SERVICES

- Personal care as delegated by the RN or therapist.
  - Bathing, dressing, grooming, hair and nail care, oral hygiene.
  - Feeding, assistance with elimination, incontinent cares.
  - Skin care, foot care, and simple wound cares.
  - Routine catheter and colostomy care.
  - Assistance with ambulation, positioning, transfers and ROM
  - Specialized exercise programs as delegated by the therapist.
  - Assistance with medications that are ordinarily self-administered.
  - Routine care of a prosthetic or orthotic device.