



## HHU REHABILITATION SERVICES REFERRAL FORM

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### Occupational Therapy Services:

- Evaluation and Treatment
- Upper Extremity Therapeutic Exercise Including: Range of Motion, Strengthening, Joint Mobilization, Coordination Exercises and Activities, etc.
- Facilitation Techniques for Muscle Re-Education
- Edema Management Techniques: Massage, Positioning, Wrapping, Patient Education
- Pain Assessment and Teaching: Positioning, Relaxation, ROM, Pacing; etc.
- Sensory Assessment and Treatment: Visual Screening, Upper Extremity Sensation Assessment, Desensitization Teaching, Patient Education
- Low Vision Assessment and Patient Education in Adaptations / Resources
- Perceptual Motor Assessment and Teaching
- Cognitive Assessment and Teaching of Cognitive Strategies with patient and caregiver
- Activities of Daily Living Assessment and Training: Bathing; Grooming; Dressing; Toileting and Eating
  
- Adaptive Equipment Recommendations and Instruction
- Home Safety Assessment and Recommendation for Environmental Adaptations
- Incontinence Assessment and Education: Timed Voiding, Pelvic Floor Strengthening, Patient Education/Teaching, Skin Care; etc.
- Activity Tolerance Teaching and Training
- Work Simplification and Energy Conservation Techniques Teaching
- Breathing Instruction and Implementation into Activities
- Joint Protection/Conservation Teaching
- Wheelchair Positioning
- Lymphedema Assessment and Treatment: Therapeutic Massage, ROM, Wrapping, Measuring, Skin Care Education, Patient and Caregiver Instruction.
- Post-Mastectomy Assessment and Patient Instruction

### Physical Therapy Services:

- Evaluation and Treatment
- Therapeutic Exercises Including: ROM; Flexibility; Strengthening; Gross Motor Coordination
  
- Transfer Assessment and Training
- Ambulation and Safe Home Mobility
  
- Facilitation Techniques for Muscle Re-Education
  
- Joint Mobilization
  
- Myofascial Release
  
- Gait Assessment and Training
- Pain Assessment and Management
  
- Balance Assessments and Treatment. Standardized assessments include: Tinetti, Berg, Functional Reach, Timed Get Up and Go, Dynamic Gait Index; Timed Sit to Stand
- OTAGO Exercise Programs
- Vestibular Rehabilitation
  
- Postural Assessment and Training; Back Care / Patient Instruction
- Body Mechanics
- Incontinence Therapeutic Exercises
- Edema Management
- Scar Healing Techniques: Soft Tissue Mobilization, Etc.
- Physical Modalities: Heat and Cold, Ultrasound, E-Stim, TENS
- Orthopedic Pathways for Total Hip and Knee Replacements
- Therapeutic Massage
- Wound Care

**Speech Therapy Homecare Services:**

- Speech and Language Assessment and Treatment
- Swallowing Assessment and Treatment
- Cognitive Assessment and Treatment
- Vocalization Training
- Articulation Training
- Dysarthria and Apraxia Treatment
- Alphasia Treatment
- Alternative and Augmentative Communication Devices: Communication Boards and Books, Computer Communication Systems, Switch Communication Devices, Etc.
- Use of Artificial Larynx or Vocal Prosthesis
- Patient and Care-Giver Instruction

Speech Therapy treats both acute and chronic conditions and patients of all ages including, but not limited to, Parkinson's Disease, Cancer, Multiple Sclerosis, ALS, Myesthenia Gravis, Stroke, Traumatic Brain Injury, Surgical Conditions, and developmental problems.

**Other Patient Specific Reference Information:**

Weight Bearing Status

- Full Weight Bearing
- Partial Weight Bearing
- Toe Touch Weight Bearing
- Duration of Weight Bearing Rescrtion:

**Precautions:**

- Positional \_\_\_\_\_
- Active Infections Present: \_\_\_\_\_
- Medical Contraindications: \_\_\_\_\_
- Functional Limitations: \_\_\_\_\_
- Surgical Complications: \_\_\_\_\_
- Restrictions: \_\_\_\_\_
- Specific Exercise Restrictions: \_\_\_\_\_

**Cognitive Issues:** \_\_\_\_\_

**Social / Family / Caregiver Issues:** \_\_\_\_\_